

SWAN BAY REDISCOVERY PROGRAM

GEAR, CLOTHING, EQUIPMENT



Please remember that you will be travelling in the wilderness. When packing, wrap your gear inside a garbage bag to keep it dry (this is the standard way to pack for camping in the Haida Gwaii rainforest). Please pack only what is on the list as space on the planes is very limited. Your personal gear should be no larger than a medium sized suitcase/duffel bag and small day pack. Oversized bags will be downsized at the dock!

Parents - please help your children pack to ensure adequate equipment.

ESSENTIAL ITEMS:

- a personal water bottle
- small backpack or day bag
- sleeping bag
- smaller blanket for around camp
- rain gear (please send even if weather is nice)
- any swimming gear (goggles, etc.)
- second dose of necessary personal medications
- personal flashlight

FOOTWEAR:

- 1 pair of absolutely necessary GUMBOOTS!
- 1 pair of ankle support hiking bootS/high top
- 5 pairs of cotton socks (minimum)
- 2 pairs of wool socks

CLOTHING:

- 3 pairs of pants (anything that dries fast)
- 1 belt, if necessary
- 4 T-shirts
- 2 long sleeve shirts
- 1 warm sweater (polypropylene or fleece)
- 1 bathing Suit
- 1 warm toque
- 1 sun hat
- 1 pair of sunglasses

TOILETRIES:

- 1 tooth brush/toothpaste
- 1 small container shampoo
- 1 wash cloth
- 1 towel
- 1 brush or comb

SWAN BAY REDISCOVERY SUPPLIES THE FOLLOWING:

- 1" thick foam's in camp,
- All cooking and eating supplies
- Sun-block.
- All first aid supplies
- Toilet paper, hand washing soap, etc.

PARENTS /PARTICIPANTS - VERY IMPORTANT

No electric devices of any sort, including watches are permitted during the trips. No walkmans, i-pod, mp3 players, gameboy or electronic games allowed. Any electronic devices or games will be taken by a staff member and returned to participant at end of camp. All valuables are best kept at home.

Should your child wish to bring candy or other treats please supply enough for everybody and give it to staff for distribution during the trip.

Howa (thank you),
Swan Bay Management